**Speaker:** Elizabeth, you've known Theun Mares for many years now. When did you first meet him?

**Elizabeth:** I met him back in -- I remember it very well. It was in October 1995. The reason why I saying I remember very well, is because my life, it changed forever. It's one of those moments of chance, that actually changed my life forever. **[unintelligible 00:00:40]**

**Speaker:** What changed, about your life? I mean, what was your life before, and what changed?

**Elizabeth:** I had been in the career world. I'd been in the corporate world for many years. The main point of my career was with a multi national company, and I had been with them for 16 years. Somewhere, in the **[unintelligible 00:01:09]** I started to wake up to what life was really like, outside the corporate world. And, with that, I started to look at what is happening in the corporate world, and what my role was, in that. And, I started to feel less and less fulfilled, until my heart had gone out of it, completely. One of the main reasons for that, was that, I'd actually got to a low point in my life.

I lived in Capetown, and I'd gone up to Johannesburg on business, and I ended up doing 2 quarters up in Johannesburg, which got me to relocate my life, completely. As I started to work with those tools, and started to meet different people from all different walks of lives. I eventually started helping the trainer to facilitate those courses, as well. The more that I did that, the more I could look at my life within the corporate world, and see that it wasn't really where I wanted to be, anymore. So, there came a time when I just took **[unintelligible 00:02:29]** one day, and I got out of it.

What had actually happened, after those 2 quarters, I always felt like there was much, much more, but the place that I was being guided to, by the trainer in these courses, was not really giving me the answers that I wanted, and didn't really have a feeling about it. Like, this was the more that I knew was there. It's quite a long story, but anyway, I didn't last within the organization, for too long. I'd been overseas, and I got back, and the very next day, I got a call, from Christopher, who was the trainer for these two courses. He said that he had a gentleman that he wanted me to meet.

By now, I was pretty skeptical about wherever he was going to be leading me to next, because, quite clearly, I'd gone with him, after those first two courses, they'd left me feeling quite stone-cold, actually. So, I hemmed and hawed, said I didn't really want to go, and he said. "Come on, there is an appointment being made for me in the morning, and I can meet you at lunch time, and then you can go in the afternoon, and I'll tell you what it's like." I succumbed at some point, and I said, "Okay, I'll do that."

When I met him at lunch time, he was actually quite excited, about his experience. He met this fellow called Miles, in a place called Fish Hoek, which is along the coast in Capetown. He then described to me how to get there, but what he said to me, was that, if I wasn't able to make my way to this house, where he currently lived, then I wasn't going to really stand too much chance with him, anyway. Because, it was really quite a tricky to get there. So, off I went, thinking, "Gosh what have I got myself into, here, now?" Now, I've got to try and find, geographically, I've got to find his place. And if I don't make it, then I don't make it. But I still didn't know what it was I was supposed to be making.

I found the house quite easily, and actually, it wasn't all that difficult. I parked at the bottom, and I walked up the steep driveway, and as I got to the door, it was like a stable door. Theun opened the top half, and -- I didn't know him from a bar of soap, but it was he, who opened the door. He took one look at me, and he said, "Oh there you are, I have been waiting for you for the last two years." [laughter] With which, I nearly scampered off down the driveway, with the hair standing up on the back of my neck. It sounded just like the paranormal type of stuff that I'd been experiencing with this other organization.

I freaked out a little bit, I must say, but he had this huge big smile and he opened the door and he said, "Come on in," and because the lady that we worked with at that stage, Marianna, was also there at the door. She was also very welcoming. Before long, we were having a little chit-chat in the lounge and what have you. Then at some point, he looked at me. He had these very piercing eyes, but with a big twinkle in them, you know? I was still very skeptical and he said to me, "What are you doing here?" I said, "Gee, this is rich."

Somebody else has made an appointment for me and he wants to know what I'm doing here. [laughs] I also wanted to know what I was doing there, but interestingly enough, the words that came out of my mouth quite surprised me, because what I said to him was, "I have absolutely no idea why I'm here, absolutely no idea." But I had some sort of sense of inevitability. It's almost like somebody's got strings attached to me here.

**Speaker:** It was like you knew it somehow?

**Elizabeth:** Yes, somebody else maneuvered me there. It certainly had nothing to do with me. I was far too skeptical. I thought, "Gee, that's interesting, a sense of inevitability." Of course, he just grinned at me, but as I said those words, I realized that it was just recently that I've had that exact same feeling. It's what I shared with him because he started to ask questions about, I suppose you could call it a spiritual type organization. These people really thought they were very spiritual. If you were going to lectures and you were going to secret meetings and talking about paranormal things, feeling very spiritual. Very much moving along this path of getting very spiritual.